

8th International Conference on Food and Nutrition - KL 2025

Organized by IFERP Life Sciences

in association with

Appediet, Mahakaushal University, Center of Marine Ecology and Biomonitoring for Sustainable Aquaculture (Ce-MEBSA) Diponegoro University, Indonesia, SEGi University & Colleges, Malaysia

Post Conference Report

8th ICFN – 2025, Contributed to Following SDGs



Foreword

Dear Participants,

It gives me great pleasure to share with you the outcomes and results of the 8th ICFN - 2025, with the theme of "Innovative Approaches to Global Nutrition and Sustainable Food Systems" which was held at Kuala Lumpur, Malaysia on 22nd & 23rd May, 2025. More than 300 people attended the event in person, and more than 500 people watched the live stream online. We were able to actively engage and reach out to a wider spectrum of research communities.



MD & Founder, IFERP Technoarete Group

The 8th ICFN - 2025, provided a vibrant platform that brings together scholars, educators, and researchers from a variety of disciplines. It is a hub for exchanging innovative research about Technology and Culinary Innovation, Global Food Security, Food Safety and Hygiene Practices, Traditional Medicine, Dietary Patterns and Health, Nutritional Diversity & Cultural Influences, Public Health Implications, Nutritional Genomics and Personalized Diets, Sustainable Food Production & Agricultural Innovation, Food Systems and Climate Change Resilience, Innovations in Food Processing and Packaging, Urban Agriculture and community-Based Food System, Alternative Proteins and Future Foods, Nutrition Education, Policy, and Advocacy that foster critical and creative thinking, mainly in the Food and Nutrition.

We are grateful for the support of many universities and research institutes, whose contributions were vital to the success of this conference. We extend our sincere gratitude and highest respect to the professors who played an important role in the review process, providing valuable feedback and suggestions to authors to improve their work. We also extend our appreciation to the external reviewers for providing additional support in the review process and to the authors for contributing their research results to the 8th ICFN - 2025.

Mr. Siddth Kumar Chhajer

MD & Founder.

IFERP, Technoarete Group

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1. Conference Summary



Conference Name : 8th International Conference on Food and Nutrition - KL 2025

Date : 22nd & 23rd May, 2025

Venue : Kuala Lumpur, Malaysia

Conference Theme : Innovative Approaches to Global Nutrition and Sustainable Food

Systems

Organized By : Appediet, Mahakaushal University, Center of Marine Ecology and

Biomonitoring for Sustainable Aquaculture (Ce-MEBSA) Diponegoro

University, Indonesia, SEGi University & Colleges, Malaysia and

IFERP Life Sciences

No. of Organizing Committee Members : 48

No. of Editors/Reviewers : 32

No. of Speakers : 55

No. of Abstracts Received : 402

No. of Participants Registered : 232

No. of Attendees : 313

1.1 Conference Overview

8th International Conference on Food and Nutrition - KL 2025, was the place where ideas collided and innovations take the spotlight for the contribution towards achieving Sustainable Development Goals! 8th International Conference on Food and Nutrition - KL 2025 had long been the meeting place for professionals, educators, researchers, policymakers, and industry professionals looking to network, share ideas, and grow in their respective fields. At this 8th ICFN – 2025 in Kuala Lumpur, Malaysia, academics, researchers, and educators were came together to share their groundbreaking research, and different views, and explore unique ideas from various fields.

Through collaboration, the conference explored intersections between various disciplines and created a dynamic environment to enhance educational discussions and explore diverse studies. This International Conference in Kuala Lumpur, Malaysia, was a part of shaping the future of global Food and Nutrition. They continued to inspire, transform, and shape education together. Their participation was more than just an RSVP; it is an important role in our community dedicated to academic success and positive change.

1.2 Conference Theme

The theme of the 8th ICFN - 2025 " Innovative Approaches to Global Nutrition and Sustainable Food Systems" was to provide a lively space where different academic areas come together. 8th ICFN - 2025 stands as a melting pot of ideas, where the boundaries between advances in Food and Nutrition disciplines blur, giving rise to innovative solutions that address global challenges. The conference embraces the multidisciplinary nature of educational excellence driving through digital transformation, recognizing that true breakthroughs often occur at the intersections of different fields.

This theme encapsulates the conference's focus on fostering innovation and collaboration across diverse disciplines within Food and Nutrition. It encourages participants to explore and present cutting-edge solutions that contribute to the sustainable development of industries, addressing challenges and advancing knowledge for a better future. The multidisciplinary perspective highlights the interconnectedness of various fields in creating holistic and impactful solutions.

1.3 Objectives & Scope of the Conference

The 8^{th} ICFN -2025 aims to bring together academics, researchers, industry professionals, and students from diverse fields to explore cutting-edge advancements and trends across Food and Nutrition

Key objectives include:

Foster Global Dialogue on Nutritional Science: Bring together international researchers, academicians, nutritionists, dietitians, food technologists, and public health professionals to discuss the latest advancements and emerging trends in food and nutritional sciences.

Promote Sustainable Food Systems: Address challenges and opportunities in achieving sustainable food production, food security, and climate-resilient nutrition interventions.

Bridge Research and Practice: Facilitate the exchange of evidence-based research findings with practical applications in public health nutrition, clinical nutrition, and food technology.

Highlight Innovations in Food Technology: Showcase cutting-edge innovations in food processing, biotechnology, functional foods, and nutraceuticals for better health and well-being.

Support Public Health Goals: Promote nutrition education, healthy eating behaviors, and community-based interventions aligned with global health priorities and the United Nations Sustainable Development Goals (SDGs).

Strengthen Collaboration and Networking: Provide a platform for forging academic, research, and industry partnerships to advance collaborative projects and international research initiatives.

 8^{th} ICFN -2025 transcends traditional boundaries, providing a platform for comprehensive exploration across a multitude of disciplines. The conference encompasses a wide scope that includes, but is not limited to:

Nutritional Biochemistry & Metabolism : Advances in nutrient metabolism, micronutrient research, and molecular nutrition.

Clinical and Therapeutic Nutrition : Diet-based management of non-communicable diseases, obesity, diabetes, cardiovascular health, and gut health.

Public Health and Community Nutrition: Strategies to combat malnutrition, food insecurity, and public health nutrition programs.

Food Science & Technology : Innovations in food processing, preservation, packaging, and safety standards.

Functional Foods and Nutraceuticals : Research and development in bioactive compounds, fortified foods, and dietary supplements.

Sustainable Agriculture and Food Systems : Sustainable farming practices, food waste management, and environmental impacts of food production.

Nutrition Policy and Global Health: Nutrition-sensitive interventions, policy frameworks, and global initiatives for improved dietary outcomes.

Emerging Trends and Future Directions : AI in nutrition planning, personalized nutrition, plant-based diets, and food innovation for the future.

2. Guest of Honor, Keynote Speakers, Session Speakers, Event Speakers, Panel Discussion Speakers & Session Chairs

Guest of Honors



Mr.Siddth Kumar Chhajer
MD & Founder, IFERP
Technoarete Group
India



Mr. Subhrajyoti Ranjan Sahu Chief Process and Innovation Officer, IFERP Technoarete Group India



Assoc Prof. Ts. Dr. Goh Wei Wei Head of Department School of Computer Science Taylor's University Malaysia



Prof. Dr. Chinmoy Sahu Vice Chancellor Manipal GlobalNxt University Malaysia

Keynote Speakers



Prof. Dr. Farooq Anwar
Professor

Professor
Department of Food Science
Faculty of Food Science and Technology
Universiti Putra Malaysia. Malaysia



Dr. Pothiyappan Karthik

Head of the Department
Department of Food Technology
Karpagam Academy of Higher Education (Deemed
to be University), India



Dr. Rachel Tan Choon Hui

Head of the Department Department of Food Science and Nutrition Faculty of Applied Sciences UCSI University, Malaysia



Prof. Dr.Sapto P. Putro, PhD

Head of Biology Department
Faculty of Science and Mathematics
Director - Center of Marine Ecology and Biomonitoring for
Sustainable Aquaculture (Ce-MEBSA), Diponegoro
University, Indonesia



Prof. Dr. Shahrim Ab Karim

Professor Department of Foodservice Management Faculty of Food Science and Technology University Putra Malaysia, Malaysia

Session Speaker



Dr. Muhamad Firdaus Syahmi Bin Sam-on

Senior Lecturer
Department of Food Sciences
Faculty of Science and Technology
Universiti Kebangsaan Malaysia
Malaysia

Session Chairs



Dr. Bhaskar Jyoti

Head IPR Cell
Assistant Professor
Department of Food Science and
Technology, (School of Agricultural)
Mahakaushal University
Jabalpur, Madhya Pradesh, India



Prof. Dr.Sapto P. Putro, PhD

Head of Biology Department Faculty of Science and Mathematics Director - Center of Marine Ecology and Biomonitoring for Sustainable Aquaculture (Ce-MEBSA) Diponegoro University, Indonesia



Nurliyana binti Abdul Razak

Lecturer, Faculty of Applied Sciences UCSI University I Kuala Lumpur, Malaysia



Dr. Vaidehi Ulaganathan, PhD

Senior Lecturer Asst. Prof/ Faculty of Applied Sciences, UCSI University Cheras Kuala Lumpur, Malaysia



Dr. Feby Luckose
Assistant Professor
Department of Food Science university
St Aloysius (Deemed to be University)
India



Dr. Mannur Ismail Shaik MSc., Ph.D.,
Biotechnology
Senior Lecturer, & Deputy Chairman
(UMT-UN-WIFI)
Faculty of Fisheries and Food Science,



Dr.Alita S.Labiaga
Associate Professor
college of Education
Cebu Technological University
Philippines

Panel Discussion Speaker

Tech-Driven Sustainability: Pioneering Solutions Across Education, Nutrition, and Environment











Exclusive Workshop Speaker

Workshop Title: 'Breaking Into High-Impact Journals: A Roadmap for Emerging Scholars to Publish in Reputed Journals'





Debate Speaker

Title: Research for Impact or Research for Publication: What Should Be the Priority





University, Malaysia.



Moderators



MS. Nora Sani Steering Committee, Association of Innovative Educational Research (AIER), Malaysia



Dato Akhtar Zainudin Steering Committee, Association of Innovative Educational Research (AIER) Malaysia



MS. Renuga Treasurer, Association of Innovative Educational Research (AIER) Malaysia



MS. Leow Su Lin External Advisor, Association of Innovative Educational Research (AIER) Malaysia

Registration Desk









3. Welcoming & Introduction

Welcome to the 8^{th} ICFN -2025, where we gather the brightest minds and the most innovative ideas to inspire, educate, and connect. Before we dive into today's agenda, let's take a moment to appreciate the vibrant atmosphere here at Kuala Lumpur, Malaysia. This location has been thoughtfully chosen to provide an inspiring environment for our discussions and networking. The theme of the 8^{th} ICFN -2025 is "Innovative Approaches to Global Nutrition and Sustainable Food Systems".

Our objective is to explore new technologies in Food and Nutrition. Over the next two days, we have a packed schedule with four sessions, two workshops, one panel discussion, one debate and ten keynote presentations from industry leaders and experts. This conference would not be possible without the hard work and dedication of many individuals. We would like to extend a special thank you to our conference managers, and organizing committee members.

4. Welcome Speeches

4.1 Welcome Speech by Special Guest - Mr. A. Siddth Kumar Chhajer



Mr.Siddth Kumar Chhajer
Founder & Managing Director,
IFERP, Technoarete Group,
India.

4.2 Welcome Speech by Special Guest - Dr. Goh Wei Wei



Assoc Prof. Ts. Dr. Goh Wei Wei Head of Department School of Computer Science Taylor's University Malaysia

4.3 Welcome Speech by Special Guest - Prof. Dr. Chinmoy Sahu



Prof. Dr. Chinmoy Sahu Vice Chancellor Manipal GlobalNxt University Malaysia

4.4 Welcome Speech by Special Guest – Assoc. Prof. Dr. Ratneswary Rasiah



Assoc. Prof. Dr. Ratneswary Rasiah Associate Professor of Economics Graduate School of Business, SEGi University and Colleges, Malaysia

4.5 Welcome Speech by Special Guest – Prof. Ts. Ir. Dr. Mardeni Bin Roslee



Prof. Ts. Ir. Dr Mardeni Bin Roslee Chief Executive Officer, Armada Smart Tech MR Sdn Bhd Chairman, Centre of Wireless Technology, Centre of Excellence Multimedia University, Malaysia

4.6 Welcome Speech by Special Guest – Dr. Bhaskar Jyoti



Dr. Bhaskar Jyoti

Head IPR Cell
Assistant Professor
Department of Food Science and
Technology, (School of Agricultural)
Mahakaushal University
Jabalpur, Madhya Pradesh, India

4.7 Welcome Speech by Special Guest – Prof. Dr. Sapto P. Putro, PhD



Prof. Dr.Sapto P. Putro, PhD

Head of Biology Department
Faculty of Science and Mathematics
Director - Center of Marine Ecology and
Biomonitoring for Sustainable
Aquaculture (Ce-MEBSA)
Diponegoro University, Indonesia

4.8 Welcome Speech by Special Guest – Asst. Prof. Dr. Olivia Tan Swee Len



5. Keynote Speeches

5.1 Speech by Keynote speaker – Dr. Pothiyappan Karthik



Dr. Pothiyappan Karthik

Head of the Department
Department of Food Technology
Karpagam Academy of Higher Education (Deemed to be University), India

5.2 Speech by Keynote speaker – Dr. RACHEL TAN CHOON HUI



Dr. Rachel Tan Choon Hui

Head of the Department
Department of Food Science and Nutrition
Faculty of Applied Sciences
UCSI University, Malaysia

5.3 Speech by Keynote speaker – Prof . Dr . Shahrim Ab Karim



Prof. Dr. Shahrim Ab Karim

Professor Department of Foodservice Management Faculty of Food Science and Technology University Putra Malaysia, Malaysia

5.4 Speech by Keynote speaker - Prof. Dr.Sapto P. Putro, PhD



Prof. Dr.Sapto P. Putro, PhD

Head of Biology Department
Faculty of Science and Mathematics
Director - Center of Marine Ecology and Biomonitoring for
Sustainable Aquaculture (Ce-MEBSA), Diponegoro
University, Indonesia

5.5 Speech by Keynote speaker – Dr. Muhamad Firdaus Syahmi Bin Sam-on



Dr. Muhamad Firdaus Syahmi Bin Sam-on

Senior Lecturer
Department of Food Sciences
Faculty of Science and Technology
Universiti Kebangsaan Malaysia
Malaysia

5.6 Speech by Keynote speaker – Assoc . Prof. Dr. Nasreen Khan



ASSOC . PROF. DR. NASREEN KHAN

Member,
Association of Innovative
Educational Research
(AIER),
Malaysia

5.7 Speech by Keynote speaker – Mr. Ts. Devandran Krishnan



MR. TS. DEVANDRAN KRISHNAN

Senior Manager-Innovation & Commercialization, IMU University, Malaysia

5.8 Speech by Keynote speaker – Prof. Dr. Farooq Anwar



Prof. Dr. Farooq Anwar

Professor
Department of Food Science
Faculty of Food Science and Technology
Universiti Putra Malaysia. Malaysia

6. Panel Discussion on Tech-Driven Sustainability: Pioneering Solutions Across Education, Nutrition, and Environment

Panel Discussion Speakers

Title: Tech-Driven Sustainability: Pioneering Solutions Across Education, Nutrition, and Environment



Asst. Prof. Dr. Chok Nyen Vui



Asst. Prof. Dr. Rana Altounjy



Asst. Prof. Dr. Dalwinder Kaur



Dr. Chit Su Mon



Tan Lay Hong



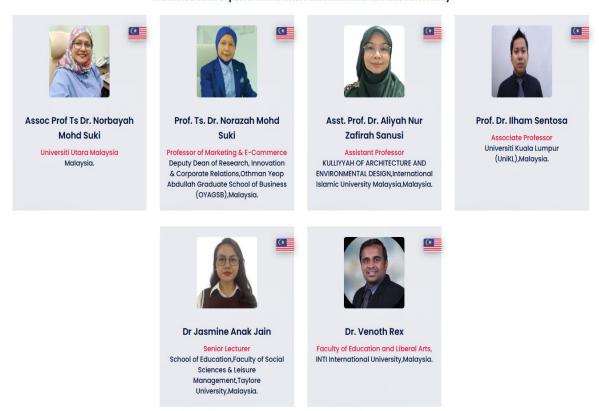
Assoc. Prof Ts Dr. Norbayah Mohd Suki



7. Debate on Research for Impact or Research for Publication: What Should Be the Priority

Debate Speaker

Title: Research for Impact or Research for Publication: What Should Be the Priority



8. Workshop on Breaking into High-Impact Journals: A Roadmap for Emerging Scholars to Publish in Reputed Journals

Workshop Title: Breaking Into High-Impact Journals: A Roadmap for Emerging Scholars to Publish in Reputed Journals



9. Workshop on Optimizing AI Effectiveness in Education



Dr. Lee Fong YeeAssistant Professor
Faculty of Computing and Informatics,
Multimedia University, Malaysia.

10.Group Photo



11. Inaugural Programme

The inaugural program of the 8th International Conference on Food and Nutrition - KL 2025, Kuala Lumpur, Malaysia on 22nd & 23rd May, 2025, conference sets the tone for the entire event, providing an opportunity to introduce the theme, objectives, and key participants. The inaugural program included inaugural addresses, proceedings release, Momento ceremony & Institutional Membership Benefits etc. The inaugural program was a crucial part of the conference, serving to welcome and engage participants, set the context for discussions, and recognize the contributions of key individuals.

12. Conference Proceedings Book Release

The 8th International Conference on Food and Nutrition - KL 2025 Conference proceedings was a comprehensive collection of the papers presented at the 8^{th} ICFN - 2025. The Conference Proceedings serve as a valuable record of the research and discussions that occurred during the 8^{th} ICFN - 2025 conference, providing insights into current trends, innovations, and the future direction of Food and Nutrition.

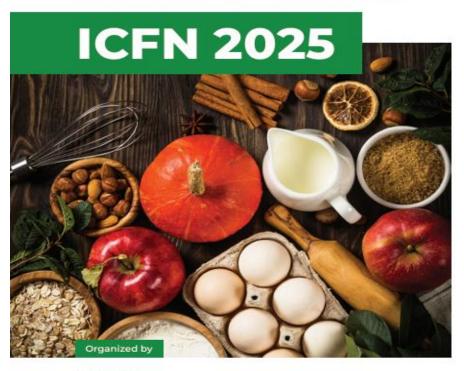
On behalf of the organizing committee of the 8^{th} ICFN -2025, the conference proceedings was released.





8th International Conference on Food and Nutrition

22nd & 23rd May 2025 Kuala Lumpur, Malaysia



Appediet, India Appealet, India
Mahakaushal University, India
Center of Marine Ecology and Biomonitoring for Sustainable
Aquaculture (Ce-MEBSA) Diponegoro University, Indonesia
SEGi University & Colleges, Malaysia
IFERP Life Sciences-Formerly BioLEAGUES











https://www.iferp.in/past-conferences.php

13. Momento Ceremony

The conference speakers, session speakers, & session chairs were awarded with Momentos.



14. Technical Presentation Sessions

14.1 Technical Presentation Session 3 A

14.1.1 – 14.1.8 Total 8 Scientific Presentations were presented in the Technical Presentation Session 3 A

14.2 Technical Presentation Session 3 B

14.2.1 – 14.2.8 Total 8 Scientific Presentations were presented in the Technical Presentation Session 3 B

15. Technical Presentation Sessions

15.1 Technical Presentation Session 1 A

15.1.2 – 15.1.22 Total 22 Scientific Presentations were presented in the Technical Presentation Session 1 A

15.2 Technical Presentation Session 1 B

15.2.1 – 15.2.22 Total 22 Scientific Presentations were presented in the Technical Presentation Session 1 B

16. International Mobility Exchange Program – SEGi University & Colleges, Malaysia

An exclusive opportunity for physical participants to join cultural activities, workshops on Breaking into High-Impact Journals: A Roadmap for Emerging Scholars to Publish in Reputed Journals, and workshops on Optimizing AI Effectiveness in Education, research lab visits and campus tour visits at the Department of Dentistry, Department of Optometry, Department of Engineering, Department of Business Management, SEGi University & Colleges, Malaysia. Insightful briefing by the faculties. Token of Appreciation presented to Shinawatra University.

- Cultural Activities, Workshops
- Research Lab Tour
- Campus Tour



17. Award Ceremony - Best Paper Presentation Awards



Photo	Name	Paper Title
	Erna Widyasari	The Influence of Santi Artificial Intelligence Chatbots on Enhancing Student Creativity
	Dr.Sumeet Sanjay Patil	Introducing Colors to the Visually Impaired Children for Creating Employment Opportunities
	John Rafael Aranas	A Survey on Dietary Intake among Project DAREDEMO Beneficiaries in Cebu City
THINGS	Anjali Toliya	Neuroprotective effect of Erigeron annuus extract in Model of Alzheimer's and Parkinson disease
	Fefria Tanbar	Utilizing Geothermal Energy for a Heated Swimming Pool System in the Mataloko Geothermal Plant Area

Shraddha Vyas	Phyto therapeutic Targeting of Amyloid-β Aggregation and Oxidative Stress Using Caesalpinia crista in Alzheimer's Pathology
Rizki Sandhi Titisari	Inhibitory Potential of Collagen-Derived Amino Acidsfrom Mackerel Scad (Decapterus macarellus) as Anti- Aging Agents Targeting MMP-1

18. MOU Exchange between IFERP and UzAELT (Uzbekistan Association of English Language Teachers)

IFERP signed and exchanged the MoU with UzAELT (Uzbekistan Association of English Language Teachers)

19. MOU Exchange between IFERP and Mahakaushal university

IFERP signed and exchanged the MoU with Mahakaushal University, Madhya Pradesh, India

20. Valedictory Function

20.1 Conference - Conclusion Summary

The 8th International Conference on Food and Nutrition - KL 2025, held on 22nd & 23rd May, 2025, at Kuala Lumpur, Malaysia organized by Appediet, Mahakaushal University, Center of Marine Ecology and Biomonitoring for Sustainable Aquaculture (Ce-MEBSA) Diponegoro University, Indonesia, SEGi University & Colleges, Malaysia and IFERP Life Sciences brought together a diverse group of experts, practitioners, and enthusiasts from various fields. The central

theme of the conference was "Innovative Approaches to Global Nutrition and Sustainable Food Systems" and it successfully fostered a collaborative environment for sharing knowledge, insights, and advancements to achieve SDGs.

Key Highlights:

The conference commenced with an inspiring Special Guest of Speech by Mr. Siddth Kumar Chhajer, MD & Founder, Technoarete Group, who emphasized the importance of multidisciplinary conferences, collaboration and innovation, QS University World Rankings and Times Higher Education (THE) University World Rankings. Keynote Speakers highlighted the recent breakthroughs and the potential for future developments in Food and Nutrition.

Research Presentations:

Over 292 research papers were presented, covering a wide range of topics. These presentations showcased cutting-edge research and fostered lively discussions.

Networking Opportunities:

The conference facilitated numerous networking events, allowing attendees to connect with peers, potential collaborators, and industry leaders. The virtual and in-person networking sessions were particularly well-received, enhancing professional relationships and sparking new partnerships.

Achievements and Outcomes:

- Several new collaborative initiatives were announced, aiming to address global challenges. These initiatives will leverage the collective expertise and resources of participating organizations.
- Publication of Proceedings including the conference proceedings, including research papers and keynote addresses, will be published. Future Conferences: Plans for the next conference were discussed, with suggestions for topics and formats that could further enhance engagement and impact.

Closing Remarks:

In the closing session, IFERP Academy expressed its gratitude to all the participants, academic partners, sponsors, and organizers. IFERP Academy highlighted the conference's success in achieving its objectives and underscored the importance of continued collaboration and innovation. Attendees left with a sense of accomplishment and a renewed commitment to advancing in their fields.

The conference concluded on a high note, with participants energized and motivated to apply the insights gained to their respective fields. The event not only celebrated current achievements but also set a forward-looking agenda for future research and development.

21. Vote of Thanks

Dear Researchers, Academicians & Students,

As we draw to the close of this remarkable 8th International Conference on Food and Nutrition - KL 2025, it is our honor and privilege to extend a vote of thanks on behalf of the organizing committee. Today has been a day filled with insights, inspiration, and invaluable networking opportunities, and none of this would have been possible without the collective efforts of many individuals and organizations.

Firstly, we would like to express our deepest gratitude to our esteemed speakers. Your expertise, thoughtful presentations, and engaging discussions have been the highlight of this conference. You have not only enlightened us with new knowledge but have also inspired us to think critically and creatively about the challenges and opportunities in our field.

A special thanks to our dedicated organizing committee and volunteers. Your hard work behind the scenes, meticulous planning, and tireless efforts have ensured that everything ran smoothly. Your passion and dedication are truly commendable, and this event could not have happened without you. We are also grateful to our attendees. Your active participation, thoughtful questions, and enthusiastic engagement have added great value to this conference. It is your eagerness to learn and share that makes the events like this so rewarding and worthwhile.

We would like to acknowledge the venue staff for their excellent service and hospitality, providing us with a comfortable and conductive environment for our discussions and networking.

Finally, I want to thank everyone who has contributed, in big ways and small, to the success of this conference. Whether you were a speaker, sponsor, attendee, or volunteer, your involvement has been crucial.

As we conclude, let us take with us the knowledge we have gained, the connections we have made, and the inspiration to drive forward in our respective fields. We look forward to seeing you at future conferences and continuing these valuable conversations.

22. Conference Glimpses















23. General Comments & Feedbacks

Overall Comments of the Participants:

- Organizing and Coordination of the conference was excellent and professional.
- Speakers were no doubt enriching.
- Overall, an excellent International Conference.
- Workshops, Debate and Panel Discussion were very interactive
- The introduction of the conference program was so effective that it distracts you from the research topic
- Keynote speakers talks were worth listening.
- International Mobility Exchange Program highlighted the conference with research lab visits.
- Issues were resolved carefully.